

KEW BEACH DAYCARE MENU
SUMMER/ FALL 2010
WEEK OF JULY 5, AUGUST 16,
SEPTEMBER 6, 27

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 AM Snack	Wh. Wh. Pita Jam Blueberries Milk	Cinnamon Toast Kiwi Milk	Cornflakes Pears Milk	Toast & Jam Oranges Milk	Multi-Grain Cheerios Apples Milk
Lunch	Spaghetti with Ground Beef Iceberg Lettuce/Cucumber Salad Wh. Wh. Bread & Marg. Oranges Milk	Homemade Chicken Fingers Mashed Potatoes & Cauliflower Green Peas Applesauce Milk	Cheese Ravioli In Pesto Sauce Beans in Tomato Sauce Mixed Vegetables Green Beans/Red Pepper/Cauliflower Grapes Milk	Chicken Salad in Pita Carrots Cucumber Pears Pears Milk	Beef Stew Rice Cauliflower Green Peas Bananas Milk
3 PM Snack	Apples Cheese Cubes Milk	Pears Milk	Bananas Milk	Melon Milk	Yogurt Milk
S/A 4 PM Snack	Ice Cream Graham Wafer Sandwiches Carrots Milk	Yogurt Melon Milk	Wh. Wh. Pita Wedges Cubed Marble Cheese Milk	Chicken Meatball Subs Milk	Banana Bread Orange Slices Milk
4:30 PM Snack PS/ EB/ NG	Ice Cream Graham Wafer Sandwiches Carrots Milk	Yogurt Melon Milk	Wh. Wh. Pita Wedges Cubed Mable Cheese Cucumber Milk	Apples Carrots Milk	Banana Bread Orange Slices Milk