

**KEW BEACH DAY CARE MENU
SUMMER/FALL 2010**

**WEEK OF JULY 19, AUGUST 9, 30
SEPTEMBER 20, OCTOBER 11**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 AM Snack	Wh. Wh. Pita Pears Milk	Toast/Jam Kiwi Milk	Cornflakes Oranges Milk	Cinnamon Toast Blueberries Milk	Multi-Grain Cheerios Apples Milk
Lunch	Honey Garlic Chicken Wrap Carrot, Red Pepper, Onion Cheese Oranges Milk	Ground Pork in Rotini Pasta Romaine Lettuce Wh. Wh. Bread/Marg Apples Milk	Chicken Pot Pie (carrots & peas) Mashed Potatoes, Lettuce Salad Melon Milk	Egg Salad Sandwich Carrots Cucumbers Pears Milk	Sheppard's Pie (Beef) Caesar Salad Wh. Wh. Bread/Marg Bananas Milk
3 PM Snack PS/ NG	Applesauce Milk	Cheese Pretzels Carrots Milk	Cherry Tomatoes Cucumber Ranch Dip Milk	Nectarines Milk	Spinach Dip Pumpernickel Bread Milk
S/A 4PM Snack	Chocolate Oatmeal Cookies Cucumber Milk	Fruit Crumble Milk	Yogurt Social Tea Biscuits Milk	Asst. Sandwiches (Tuna, Cheese, Egg) Milk	Caesar Salad Garlic Bread Milk
4:30 PM Snack PS/ EB/ NG	Chocolate Oatmeal Cookies Cucumber Milk	Fruit Crumble Milk	Grapes Carrots Milk	Oranges Plums Milk	Apples Cheese Milk